

School Health Advisory Council (SHAC)

Meeting Minutes

3/12/2024

Virtual

In attendance: Kelsie Bednarz, Kelly Clark, Chris Conway, Joanne Cordova, Wendy Duemmler, Dr. Lashenna Gaines, Judith Garcia, Kasha Giddins, Amy McAteer-Jones, Dan McClosky, Jarrod McCraw, Christina Neal, Wendy Nielsen, Christine Skrutowski, Dylan Stamey, Stephanie Starr, Susannah Stone-Gill, Maegan Trull, Belle Walker

- Approval of Minutes from meeting 12/4/2023. Motion Wendy Duemmler, Second Jarrod McCraw. Approved

Updates Goal 1 Community Collaborative regarding Drug/Tobacco Vaping and Substance Use Disorder

- Per Stephanie Starr, Luka Kinard can only commit to come one day to speak. This does not allow for enough schools to be on the schedule. We are currently seeking other potential speakers.
- Stephanie Starr is on a subcommittee with Christina Neal, Michelle Lancaster, Kasha Giddins, Wendy Nielsen, and Jarrod McCraw. They are working on the collaborative pilot program with UCPS, Behavioral Health Collaborative, and Sherriff's office in Sun Valley and Porter Ridge Cluster, using Opioid Settlement Funds, that will address substance use and tobacco use issues.
- Per Stephanie Starr there is a Webinar being recorded this spring by Erika High and Dr Ford.
- Chris Conway- the public comment period for the state standards around Alcohol, Nicotine, Cannabis, and Other Substances closed and has been reviewed. There will be one more revision based on feedback. The goal is for the standards to be approved and implemented for the FY 24-25 year
- Kasha Giddins/Chris Conway -There is a potential grant UCPS may be a beneficiary of if approved. It is being written by the Center for Prevention Services and would provide funding/resources for student led youth clubs at the Monroe/Forest Hills cluster MS/HS buildings. Those groups would focus on anti-vaping and substance issues

Updates Goal 2- Establish and strengthen mental health support for UCPS student population. Goals to increase Mental Health Therapists, Social Workers, and expand teletherapy, and crisis response team efforts.

- Kasha Giddins -Carolina Parenting is doing play therapy at three of our elementary schools. Union Elementary has also been added to the Play therapy list this spring. UCPS is looking to possibly expand play therapy into more schools next year. Expansion would require adding another play therapist. Need and interest is being evaluated.
 - Amy McAteer-Jones commented on how impactful the Play Therapist has been at Antioch. She sees it making a difference and being beneficial for students.
 - Wendy Duemmler expressed interest in having play therapy at her school and inquired about the process of having a play therapist. Kasha stated expansion of the program is being evaluated for next year.
- Kasha Giddins- Teletherapy is going strong in the schools.
- Wendy Nielsen reported that Nursing received a Feminine Hygiene Grant of \$5,000. These funds will be used for feminine product and underwear. These items will be dispersed out to the schools at the start of next year.
- Next SHAC meeting is 5/14/2024 it will be virtual.
- Judith Garcia reintroduced herself and is in a new role- Family and Consumer Sciences Agent.